



Admission Notice

Sports Authority of India, Netaji Subhas National Institute of Sports, Patiala invites applications from the eligible candidates for admission in the following Skill Development Certificate courses being launched at SAI, NS NIS Patiala and SAI, NSSC, Bangalore:

1. **SAI NS NIS Patiala:** Physical Conditioning, Personal Fitness Training, Gym Management, Biomechanics of Human Performance and Psychology of Sports.
2. **SAI, NSSC, Bangalore:** Sports Physiology, Psychology of Sports and Sports Nutrition and Dietetics.

For further details and to download application form please visit our official websites www.nsnis.org / www.saisouth-bangalore.com / www.sportsauthorityofindia.nic.in

Executive Director

SPORTS AUTHORITY OF INDIA
Netaji Subhas National Institute of Sports, Patiala

Skill Development Programme in Sports & Sports Sciences
--

Skills and knowledge are the driving forces of growth and development in any field of specialization. The countries with better and higher levels of skilled professionals adjust more effectively to the challenges and opportunities of globalization. A basic problem with our skill development system is that it is non-responsive to the demands of the market. The demand and supply mismatch on several counts : number, quality and skill types. It is even more so in the field of sports.

Therefore, in order to develop the skills of our youth in various fields, directly or indirectly related to sports, the Institute has decided to start twenty Skill Development Courses with the following objectives:

- To provide skill development vocational training to school leavers, existing sports coaches, experts, physical education teachers etc. to improve their employability by optimally utilizing the infrastructure available in Government, private institutions and the sports Industry.
- To build capacity in the area of sports development of competency standards, course curriculum, learning material and assessment standards in the country.
- Priority will be given to the candidates covering the age from 18 to 45 years to enable them to learn employable skills in order to get gainful employment.

The Skill Development Programme would be in the following modules:

S N	Training Module	Duration	S N	Training Module	Duration
1	Sports Massage	4 weeks	7	Sports Communication	3 weeks
2	Physical Conditioning	4 weeks	8	Project / Event Management	3 weeks
3	Gym Management	5 days	9	Physiology of Sports Performance	3 weeks
4	Life-guards – Pool Swimming	4 weeks	10	Prevention and Management of Injuries	2 weeks
5	Personal Fitness Training	3 weeks	11	Talent Identification in Sports	2 weeks
6	Sports Nutrition and Dietetics	5 days	12	Rehabilitation and Recovery	2 weeks

S N	Training Module	Duration	S N	Training Module	Duration
13	Psychology of Sport	2 weeks	17	Training Methods	2 weeks
14	Sports Law	3 weeks	18	Sports Anthropometry	2 weeks
15	Sociology of Sport	2 weeks	19	Research Methodology in Sports	2 weeks
16	Biomechanics of Human Performance	3 weeks	20	Measurement and Evaluation in Sports	2 weeks

To begin with the following courses are being launched at SAI NS NIS Patiala and SAI NSSC, Bangalore:

SAI NS NIS Patiala

S N	Name of the course	Period	Last Date of Submission of application	Eligibility Criteria
1	Physical Conditioning	05.01.2015 to 31.01.2015	22.12.2014	<ul style="list-style-type: none"> • 10 + 2 for courses mentioned at SN 1,2,3 and Graduation in any discipline from an Indian or foreign university for courses mentioned at Sr. No. 4 and 5 • Participation in sports (Preferable) • Age – 18 years to 45 years (*) • Physical & clinical fitness
2	Personal Fitness Training	23.02.2015 to 14.03.2015	06.02.2015	
3	Gym Management	16.03.2015 to 20.03.2015	27.02.2015	
4	Biomechanics of Human Performance	12.01.2015 to 31.01.2015	26.12.2014	
5	Psychology of Sports	16.02.2015 to 28.03.2015	30.01.2015	

SAI, NSSC, Bangalore

1	Sports Physiology	12.01.2015 – 24.01.2015	26.12.2014	<ul style="list-style-type: none"> • Graduation in any discipline from an Indian or foreign university • Participation in sports (Preferable) • Age : 18 years - 45 years (*) • Physical & clinical fitness
2	Psychology of Sports	02.02.2015 – 14.02.2015	16.01.2015	
3	Sports Nutrition and Dietetics	10.03.2015 – 24.03.2015	23.02.2015	

(*) relaxation in upper age limit up to 5 years will be given to working personnel and candidates belonging to SC / ST/ OBC/ North East States

Application form can be obtained from the office of Drawing & Disbursing Officer, NS NIS Patiala on payment of Rs. 300/- (Non refundable) in cash or by Demand Draft, payable at Patiala in favour of “Executive Director (A), SAI NS NIS, Patiala” during office hours from the date of publication of the advertisement up to the last date of submission of application or can be downloaded from the official websites.

Application form can also be obtained from Drawing & Disbursing Officer, SAI, NSSC, Bangalore on payment of Rs. 300/- (Non-refundable) in cash or by Demand Draft, payable at Bangalore in favour of “Director, SAI, NSSC, Bangalore”.

Cost to participants:

SN	Name of the Certificate Course	Course Fee	Lodging Charges / day	Boarding Charges / day	Security (Refundable)
1	Physical Conditioning	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
2	Biomechanics of Human Performance	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
3	Psychology of Sports	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
4	Personal Fitness Training	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
5	Gym Management	Rs. 3,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
6	Sports Physiology	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00
7	Sports Nutrition and Dietetics	Rs. 5,000.00	Rs. 100.00	Rs. 225.00	Rs. 1,000.00

Later on, the number of the training modules and the training centres would be extended further to other SAI Regional Centres and Sub-Centres, to cater to the needs of our vast Country.

This skill development programme would help develop the knowledge of the youth in different spheres related to sports and would increase their employment potential.

SPORTS AUTHORITY OF INDIA
NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS, PATIALA
APPLICATION FORM FOR ADMISSION
TO THE CERTIFICATE COURSE IN SKILL DEVELOPMENT & TRAINING

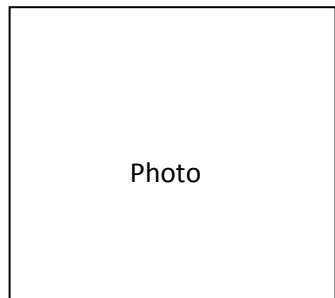
Note: Filled-in form superscribing name of the course may be sent to the Incharge (Academics), Sports Authority of India, Netaji Subhas National Institute of Sports, Old Moti Bagh Palace, Patiala-147001.

Name of the Course:Centre: Patiala / Bangalore

1. Name of the candidate:

2. Date of birth:

3. Father's/Husband's name & occupation:
.....



4. Present correspondence/postal address:
.....Phone No:.....

5. State of domicile:

6. Whether SC/ST/OBC:

7. Academic qualification:

8. Professional qualification:

9. Proficiency in the game/sport:
(please attach self attested certificates)

10. If employed, mention your designation and name of employer:
.....

11. Particular of demand draft attached: No..... Value..... Date.....

Signature of the candidate

Place & Date:

RECOMMENDATION OF THE SPONSORING AUTHORITY

Mr/Mrs/Miss is working in this organization
as Since on temporary/permanent basis
and recommended for admission in the above course.

Signature of Sponsoring Authority with Seal

TO BE CERTIFIED BY A REGISTERED MEDICAL PRACTITIONER

This is certified that I have carefully examined Mr/Mrs/Miss
on dated I am satisfied and beyond doubt that he/she is fully fit/not fit for
undergoing strenuous physical training programme involving risk injuries.

Signature of Registered Medical Practitioner

Regd.No.....

Name:

Date: