युवा कार्यक्रम एवं खेल मंत्रालय
MINISTRY OF YOUTH AFFAIRS AND SPORTS

SPORTS AUTHORITY OF INDIA

SPORTS SCIENCE DIVISION (ERSTWHILE NCSSR)
HRDS FUNDED RESEARCH PROJECT

ADVERTISEMENT FOR PROJECT HUMAN RESOURCE POSITIONS (TEMPORARY)

File No.: 71-0100(03)/32/2026-NCSSR DIVISION **Date:** 22/10/2026

Sports Science Division (SSD) (Erstwhile National Center for Sports Science & Research (NCSSR)), **Sports Authority of India (SAI), under the Ministry of Youth Affairs & Sports (MYAS), Government of India**, invites applications from eligible Indian citizens for engagement of project human resources on a purely temporary and contractual basis under the approved HRDS-funded research project entitled **"Role of Yoga Protocol on Faster Recovery and Performance Boosting in Elite Senior Hockey Athletes"**. The engagement shall be co-terminus with the project and shall not confer any right to regular appointments, absorption or continuation beyond the project period in SAI or any other organization. The details of recruitment, along with the application form, is available on the SAI website, i.e. http://sportsauthorityofindia.nic.in

1. DETAILS OF RECRUITMENT

Position	No. of Vacancies	Remuneration	Essential Qualification	Desirable Qualification / Experience
Research Associate	01	₹40,000/- per month (consolidated)	Master's Degree in Sports Science / Physiotherapy / Psychology / Yoga / Allied discipline from any recognised University / Institution.	Experience in either of these - yoga-based intervention studies, athlete testing, data collection, SPSS/statistics, clinical studies, research project documentation.
Research Assistant (Yoga)	01	₹40,000/- per month (consolidated)	Master's degree in yoga **OR** Master's Degree in any relevant discipline with recognised Yoga Certification (YCB Level 2 / PG Diploma in Yoga) from a recognised University / Institution.	Experience in either of these - yoga-based intervention studies, athlete testing, data collection, SPSS/statistics, clinical studies, research project documentation.
Yoga Trainer	02	₹30,000/- per month each (consolidated)	Diploma Course in Yoga from recognised Institution / University / Yoga Certification Board.	Experience of yoga training athletes / teams / sports persons.

Key Points

- The upper age limit shall be **35 years for all positions**, as on the closing date of application.
- Age relaxation, if applicable, shall be admissible as per Government of India norms.
- **Tenure:** 06 months, co-terminus with the project. The contract may be terminated at any time by order of the Competent Authority, subject to applicable rules of engagement.
- **Place of Work:** Preferably at **SAI Bengaluru and SAI Bhopal** / National Camp / Hockey Training Centre / any other SAI Centre or project site as decided by the Competent Authority / Principal Investigator.
- **Last Date for Application Submission:** Within **20 days from the date of publication of the advertisement**.
- No application fee or interview fee shall be charged for this recruitment process.

2. ELIGIBILITY CRITERIA

- Only qualifications from a **recognised University/Institution/Board** shall be considered.
- Essential qualification must be possessed **on or before the closing date of application**.
- Documentary proof shall be required for any claimed **equivalence**.
- Preference may be given to **relevant experience acquired after the essential qualification**.

3. ROLES AND RESPONSIBILITIES

Position	Indicative Job Description
Research Associate	Assist the Principal Investigator in smooth execution of the research project. Undertake data collection, athlete assessment and project-related field coordination. Statistical analysis, data management, documentation and report preparation. Coordinate, as required, hockey athletes, coaches, research team, SAI centers and concerned officials. Maintain project records, participant documentation and progress updates. Any other project-related duty assigned by the Principal Investigator / Competent Authority.
Research Assistant (Yoga)	Support implementation of the approved yoga intervention protocol. Maintain attendance, adherence, progress and intervention records. Assist in recovery monitoring, athlete assessment and performance testing. Support project data management, research reporting and documentation. Assist the Principal Investigator and project team in coordination with athletes and coaches. Any other project-related duty assigned by the Principal Investigator / Competent Authority.
Yoga Trainer	Conduct supervised yoga sessions for elite hockey athletes as per the approved intervention protocol.

Position	Indicative Job Description
	Demonstrate and supervise asana, pranayama, relaxation, mindfulness and recovery-oriented modules prescribed in the protocol. Ensure session discipline, safety, quality and participant compliance. Maintain attendance, training logs and session-wise records. Assist the project team in monitoring adherence and implementation at the project site. Any other project-related duty assigned by the Principal Investigator / Competent Authority.

- Date of birth as recorded in the Matriculation/Secondary Examination certificate or other valid Government-recognised proof shall be considered. The upper age limit will be reckoned as on the closing date of application.
- Remuneration shall be project-specific and consolidated, unless otherwise approved.
- No application fee or interview fee shall be charged.
- Degree/diploma/certificate and marksheets must be issued by the competent, recognised University/Institution/Board. Original documents shall be produced for verification at the time of joining or whenever required by SAI.

4. WORK EXPERIENCE AND SUPPORTING DOCUMENTS

- Experience certificates should clearly mention the organisation, designation, nature of work, duration of service, and issuing authority. Candidates currently employed may submit duly authorised salary slips for the period claimed; a single recent salary slip or offer letter alone shall not be treated as valid proof of experience.
- **Documents to be Enclosed**: Proof of date of birth, recent passport-size photograph, valid ID proof, self-attested educational and experience certificates, applicable Yoga qualification/certification documents, and any other document supporting eligibility/desirable experience.

5. GENERAL INSTRUCTIONS

All instructions shall be strictly followed. Applications that are incomplete, unsupported or received after the prescribed closing date/time are liable to be rejected.

- Applications are invited only from Indian citizens who fulfil the prescribed eligibility criteria.

The suggested order of documents is as follows:

- Duly filled Application Form (Annexure-I).
- Matriculation/Secondary certificate / date-of-birth proof.
- Marksheet(s) and degree/diploma/certificate of essential qualification.
- Relevant Yoga certification, wherever applicable.
- Experience certificate(s), if any.

- Valid identity proof.
- Recent passport-size colour photograph.
- Any supporting document for desirable qualification/experience.

- The responsibility for authenticity and correctness of certificates/documents rests with the candidate. All copies should be self-attested.
- Fulfilment of minimum eligibility criteria does not automatically entitle a candidate to be called for interview/skill test/practical demonstration.
- Candidature shall remain provisional at every stage and may be cancelled if any eligibility condition or document is found deficient, false or incorrect.
- Candidates should regularly check their registered email ID and the official SAI website for recruitment-related updates.

6. HOW TO APPLY

- Eligible candidates are required to apply in the prescribed application format (Annexure-I). The duly filled application form, along with self-attested copies of all relevant documents (educational qualifications, experience certificates, ID proof, etc.), should be submitted through email at ncssr.sai@gov.in within the stipulated time.
- The subject line of the email must clearly mention: "Application for the post of _____ under HRDS Research Project – Yoga & Hockey".
- Last date for receipt of application: Within 20 days after the date of publication of advertisement.
- Applications sent to any other email address or through any mode other than the prescribed email mode may not be considered.

7. SCREENING AND SELECTION PROCEDURE

- Applications will be screened with reference to the essential qualification, relevant experience and project requirements.
- Only shortlisted candidates will be called for interview and/or skill test/practical demonstration, as applicable to the post.
- The interview may be conducted through online mode/video conferencing or physical mode, as decided by the Competent Authority.
- For Yoga Trainer and/or Research Assistant (Yoga), a practical demonstration/skill assessment may be included in the selection process.
- The final selection methodology, including weightage of qualification, experience, interview and skill test, shall be as approved by the Competent Authority.
- Selected candidates shall be required to produce all original documents for verification before joining.

8. Terms and Conditions:

- The engagement shall be purely contractual for 06 months and co-terminus with the project. Either party may terminate the contract by giving 30 days' notice or one month's remuneration in lieu thereof. In cases of misconduct, negligence, unauthorised absence, breach of contract or violation of terms and conditions, SAI may terminate the engagement with immediate effect without notice.

- TA/DA for official tours may be allowed as per applicable norms with prior approval of the Competent Authority.
- Relaxation: DG, SAI may relax any provision, where considered necessary or expedient, for reasons to be recorded in writing.
- The selected candidate shall perform duties assigned by the PI/Co-PI/Reporting Officer, and such duties/reporting arrangements may be modified as per project requirements. Regular attendance and continuity of work shall be mandatory. Leave shall not be availed in a manner affecting project quality, timelines, intervention, monitoring or data collection and may be granted only in unavoidable circumstances as per applicable SAI norms and with prior approval.
- The candidate may be required to work split duties, beyond normal working hours or on holidays, as per project requirements, without additional remuneration. The engagement shall be full-time and no other assignment shall be undertaken during the contract period.
- The candidate shall be responsible for acts and omissions in discharge of assigned duties and shall comply with applicable SAI service rules and CCS (Conduct) Rules, 1964, to the extent applicable. Misconduct or breach of responsibilities may attract immediate termination and other action as per law.
- The contract shall automatically terminate on completion of the approved contractual/project period unless otherwise extended with competent approval.
- Project data and information shall remain confidential. Publication, co-authorship or dissemination of project findings shall be subject to approval of the Competent Authority. The selected candidate shall comply with the Official Secrets Act, 1923, shall not disclose unauthorised information, and shall not make any statement or representation adverse to the interests of the Government.

9. Other Conditions:

- In case of unsatisfactory performance, the services of the candidate may be discontinued by giving one month's notice.
- In case of misconduct, negligence of duties, unauthorised absence, violation of contractual conditions, or other serious misconduct, the engagement may be terminated with immediate effect without any further obligation.
- The decision of SAI regarding eligibility, shortlisting, selection, posting, acceptance/rejection of applications, mode of selection and conduct of interview shall be final and binding, and no correspondence or appeal shall be entertained.
- SAI reserves the right to modify, restrict, enlarge, cancel or withdraw the advertisement/recruitment process at any stage without assigning any reason or issuing further notice.
- The engagement shall be purely temporary and contractual and shall not confer any right to claim regular or permanent employment in SAI.
- DG, SAI shall be the final authority in case of any dispute. Any litigation arising from the recruitment/engagement shall be subject to the jurisdiction of courts at Delhi.
- Candidates must ensure before applying that they possess the prescribed essential qualifications and experience.
- Candidates are advised to regularly check their registered email ID for updates regarding the recruitment process.

10. APPLICABLE LAW &JURISDICTION:

The contract of the selected candidates shall be governed by and construed in accordance with the laws of the Republic of India. Any legal proceedings in respect of any matter of claim or dispute arising out of this advertisement between SSD (erstwhile NCSSR), SAI and the Selected Candidate in response thereto can be instituted only in the Courts/Tribunals/Forums at New Delhi, which shall have sole and exclusive jurisdiction.

DISCLAIMER: *CANDIDATES TAKING PART IN THE CURRENT RECRUITMENT PROCESS SHALL BE DEEMED TO HAVE READ ALL THE TERMS & CONDITIONS MENTIONED IN THE ADVERTISEMENT AND SHALL BE DEEMED TO AGREE TO ALL THE TERMS & CONDITIONS (STIPULATED HEREIN) WHILE PARTICIPATING IN THE RECRUITMENT DRIVE.*

CANVASSINGINANYFORMWILLBEADISQUALIFICATION

Vikas Pachouri
Vikas Pachouri
PI Research Project
Sport Science Division, SAI

ब्रिगेडियर (डॉ.) बिभु कल्याण नायक
Brig. (Dr.) Bibhu Kalyan Nayak
कार्यकारी निदेशक / Executive Director
खेल विज्ञान प्रभाग / Sports Science Division
भारतीय खेल प्राधिकरण (युवा कार्यक्रम एंव खेल मंत्रालय)
Sports Authority of India (Ministry of Youth Affairs & Sports)
इंदिरा गांधी खेल परिसर, नई दिल्ली–110002
Indira Gandhi Sports Complex, New Delhi-110002

Brig. (Dr.) Bibhu Kalyan Nayak
Executive Director cum Head
Sport Science Division, SAI

ANNEXURE-I

APPLICATION FORM

Advertisement No.		Paste recent passport-size colour photograph
Name of the Post		
Full Name (in Block Letters)		
Gender		
Date of Birth (DD/MM/YYYY)		
Father's / Husband's Name		
Nationality		
Reservation Category		
Permanent Address		
Address for Communication		
Mobile Number		
Email ID		
Proof of Identity (with ID No.)		

ACADEMIC QUALIFICATIONS

Qualification	Name & Address of College / Institution	University / Board	Year of Passing	% / CGPA	Specialisation

DETAILS OF SERVICES RENDERED EARLIER / EXPERIENCE IN RELATED FIELD

(Mention experience relevant to the post; attach self-attested supporting certificates.)

Post / Designation	Organisation & Address	From	To	Total Period	Nature of Work

YOGA QUALIFICATION / CERTIFICATION (IF APPLICABLE)

Qualification / Certification	Issuing University / Institution / Board	Level / Duration	Year	Remarks

Working Knowledge of Computer:

_____

_____

_____

Statistical Software / Data Analysis Skills (if any):

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_____

Research / Project Experience (if any):

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_____

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_____

Sports / Athlete Training Experience (if any):

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Publications / Presentations (if any):

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_____

_____

_____

Any Other Information Relevant to the Post:

_____

_____

DECLARATION

I solemnly declare that the information furnished in this application form is true, complete and correct to the best of my knowledge and belief. I understand that if any information furnished by me is found false, incorrect or incomplete at any stage, my candidature/engagement is liable to be cancelled/terminated without notice, and I shall abide by the applicable rules/instructions of Sports Authority of India and the terms of the project engagement.

Place: _____ Signature of Candidate: _____

Date: _____ Full Name: _____