Sports Authority of India

Dated: 22/02/2018

Telephone: 09888725576

Fax Website:

Bid Reference No. SAI/NBA/RTK/MESS-TENDER/2018

E-Bidding Document

For

MESS SERVICES

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PART-1 BIDDING PROCEDURE

SECTION-I

Telephone: 09888725576 Fax:

Website: http://sportsauthorityofindia.nic.in &

http://eprocure.gov.in/eprocure/app

Bid Reference No. SAI/NBA/RTK/MESS-TENDER/2018

INVITATION FOR ONLINE BIDS (IFB)

Sports Authority of India, for and on behalf of the Chief operating Officer, Sports Authority of India, National Boxing Academy, **Rohtak invites online Bids** on **two bid system** for following work:

Manual bids shall not be accepted.

F	Amount of Bid Security in Rs	Bidding Document Cost. (Rs.)
Cooking and serving meals- Breakfast (Morning), Lunch, Snacks and Dinner. Procurement of raw material as per Specification/Menu given in Section- V. Cleaning of utensils, kitchen and serving items. Cleaning of cooking, dining and auxiliary areas etc. Security of the equipment, utensils and other items in the mess. Maintenance of the equipment in the kitchen and dining areas. Deployment and supervision of required manpower for the above mentioned job.		Rs. 1000/-

Payment:

Scanned copy of Tender Fee Rs. 1000/- and Earnest Money of Rs. 2,40,000/- is to be uploaded online and Hard Copy of same must be sent to the COO, SAI NBA Rohtak on or before Bid Submission Date & Time as mentioned in Critical Date Sheet.

CRITICAL DATE SHEET				
Uploading/Publication of Tender Documents	16/03/2018			
Downloading of Bid Document	16/03/2018			
Cut of Date of Seeking Clarification	03/04/2018 at 6:00 pm			
Pre bid meeting				
Last Date & Time of Submission of Bids	04/04/2018 at 1:00 PM			
Opening Date & Time of Technical Bids	06/04/2018 at 11:00 AM			
Opening Date & Time of Financial Bids	11/04/2018 at 11:00 AM			

Bidder may also download the Bidding Documents from the web site- www.sportsauthorityofindia.nic.in & CPP Portal of Govt. of India i.e. http://eprocure.gov.in/eprocure/app Bidders shall ensure that their Bids, complete in all respect should be uploaded online before the closing date and time as indicated in the critical date sheet above on CPP Portal http://eprocure.gov.in/eprocure/app.

Bids shall be submitted online only at CPPP website: http://eprocure.gov.in/eprocure/app. Tenderers/Bidders are advised to follow the instructions provided in the 'Instructions to the Bidder/Tenderer' for the e-submission of the bids online through the Central Public Procurement Portal for e-Procurement at http://eprocure.gov.in/eprocure/app.

Tenderer who has downloaded the tender from the Central Public Procurement Portal (CPPP) website https://eprocure.gov.in/eprocure/app and SAI website www.sportauthorityofindia.nic.in shall not tamper/modify the tender form including downloaded price bid template in any manner. In case if the same is found to be tempered/modified in any manner, tender will be completely rejected and EMD would be forfeited and tenderer is liable to be banned from doing business with SAI.

Intending tenderers are advised to visit again CPPP website https://eprocure.gov.in/eprocure/app and SAI website www. sportsauthorityofindia.nic.in at least 3 days prior to closing date of submission of tender for any corrigendum / addendum/ amendment.

COO, SAI, NBA, Rohtak For and on behalf of Sports Authority of India.

SECTION - I INSTRUCTIONS TO BIDDERS (ITB)

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SECTION - II INSTRUCTIONS TO BIDDERS (ITB) A. PREAMBLE

Introduction

- 1.1 This Bidding Document is for MESS services as mentioned in Section V "SCOPE OF WORK."
- 1.2 This section (Section II "Instruction to Bidders") provides the relevant information as well as instructions to assist the prospective Bidders in preparation and submission of Bids. It also includes the mode and procedure to be adopted by the bid inviting authority for receipt and opening as well as scrutiny and evaluation of Bids and subsequent placement of contract.
- 1.3 Before formulating the Bid and submitting the same to the bid inviting authority, the Bidder should read and examine all the terms, conditions, instructions etc. contained in the Bidding Documents. Failure to provide and/or comply with the required information, instructions etc. incorporated in these Bidding Documents may result in rejection of its Bid.

Language of Bid

The Bid submitted by the Bidder and all subsequent correspondence and documents relating to the Bid exchanged between the Bidder and the purchaser, shall be written in the English language. However, the language of any printed literature furnished by the Bidder in connection with its Bid may be written in any other language provided the same is accompanied by a true English translation and, for purposes of interpretation of the Bid, the true English translation shall prevail.

BIDDING DOCUMENTS

Content of Bidding Documents

In addition to Section I – "Invitation for Online Bid" (IFB), the Bidding Documents include:

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- Section II Instructions to Bidders (ITB)
 - Oualification Criteria & Performance Section III Statement
 - Section IV Bidding Form
 - > > Section V Scope of work
 - General Conditions of Contract (GCC) Section VI
 - Section VII Contract Forms

Amendments to Bidding Documents

- 41 At any time prior to the deadline for submission of Bids, the bid inviting authority may, for any reason deemed fit, modify the Bidding Documents by issuing suitable amendment(s) to it.
- 4.2 Such an amendment to the Bidding documents will be uploaded on SAI website: http:// and CPP Portal of Government of India i.e. http://eprocure.gov.in/eprocure/app only.
- 4.3 Prospective Bidders are advised in their own interest to visit above mentioned website for any amendment etc. before submitting their respective Bids.

Clarification of Bidding Documents

A bidder requiring any clarification or elucidation on any issue of the Bidding Documents may take up the same with the bid inviting authority in writing. The bid inviting authority will respond in writing to such request provided the same is received by the COO SAI NBA Rohtak not later than fifteen days prior to the prescribed original date of submission of bid.

PREPARATION OF BIDS

Documents Comprising the Bid

6.1 The **Two Bid System**, i.e. "Technical Bid" and "Price Bid" prepared by the Bidder shall comprise the following

(Bidders are requested to upload online following document in PDF format):

Technical Bid:

The Bidder shall submit the scanned copy of following documents along with the submission of bid documentsBid Security & Tender cost, Bid Security furnished in accordance with ITB clause 9 Bid document cost furnished in the form of Demand Draft payable at COO SAI NBA Rohtak.

Bid Submission Form as per section IV (A) and letter of authorization in favour of signatory of Bidding Documents.

Five years' experience in the field of Mess services

PF Registration with PF Code Number; ESI

Registration;

Valid license issued by Regional Labour Commissioner, under Contract Labour Act or any other Act/Rule.

Successful completion certificate issued by the officer not below the rank of Section Officer, of at least three similar works, each of value not less than 40% of the estimated cost put to tender or two similar works, each of value not less than 60% of the estimated cost, or one similar work of value not less than 80% of the estimated cost, all amounts rounded off to a convenient full figure, in the last 7 years ending on the last day of the month previous to the one in which the tenders are invited. These works should be carried out in Central/State Govt. Department/PSUs/Autonomous bodies or other similar organizations.

Certificate of Chartered Accountant showing annual turnover for the last three financial years (2015-16, 2016-17 & 2017-18). Copies of Balance Sheet, Profit and Loss Account statement etc need not be enclosed.

Registration with Service Tax;

TIN number, PAN number & GSTIN number Income

Tax Returns for the last three years;

Registration of the firm (Proprietorship or Partnership)/ company (Pvt, Ltd. Or Public Limited), Societies/Trust registered under applicable statutes in India along with the respective Memorandum of Association/Article of

Association/Trust Deed etc.

National Electronic Fund transfer (NEFT) Form as per Section IV (E) for payment in Indian Rupee, if applicable.

Documents mentioned in Qualification Criteria as per Section III (A).

Registration certificate issued under Contract Labour (Regulation & Abolition) Act, 1970.

Power of Attorney in favour of signatory of Bidding Documents
License/registration from Food/Health Department/ FSSAI and other
authorities if any to run Canteen/Mess

Successful bidder should also submit all the above documents in original without fail within seven days of dispatch of notification otherwise SAI/Purchaser may cancel the bid and the Bid security would stand forfeited.

- Note-1: The bidding companies /firms /agencies are required to attest (self-attestation) the scanned copies of documents, along with the bid, signed on each page with seal, to establish the bidders' eligibility and qualifications failing which their bid shall be summarily rejected and will not be considered. The bidders are responsible for what they attest and claim; if, later on, it is found that whatever has been attested by the bidder is not true/correct, the company/ firm / agency of the bidder will be black-listed for purpose of procurement of any item(s), in addition to attracting penal provisions of the agreement.
- **Note-2:** The Technical bid shall not include any financial information. Such a bid shall be summarily rejected.

Price Bid: [Upload online in prescribed PDF format as per Sec.-IV (B) I/B II of Bidding Document].

- 6.2 Price Schedule as per Form I Section IV (B) filled up with all the details including service charges.
- 6.3 It is the responsibility of Bidder to go through the Bidding Document to ensure furnishing of all required documents in addition to above, if any.
- 6.4 All pages of the Bid should be page numbered and properly indexed.

E-Bidding Document for Mess Services

- 6.5 The authorized signatory of the Bidder must sign the Bid and duly stamp the same with seal of the Company/Organization at appropriate places and initial all the remaining pages of the Bid.
- A Bidder, who does not fulfill any of the above requirements and/or gives evasive information/reply against any such requirement, shall be liable to be ignored and rejected.
- 6.7 All payments in Indian Rupee will be made through National Electronic Fund Transfer (NEFT)/RTGS System. Bidders are required to fill and attach the NEFT Mandate Form attached as per Section-IV (E) along with their offers, if not already executed in SAI. Notification of Award will not be issued without NEFT Mandate Form

Note: All documents should be submitted in PDF format.

Bid Prices

7.1 The Bidder shall indicate on the Price Schedule provided under Section IV (B) all the specified components of prices shown therein. All the columns shown in the price schedule should be filled up as required. (SELECTION CRITERIA IS GIVEN IN SECTIONIII(C)

Firm Price

- 8.1 The prices quoted by the Bidder shall remain firm and fixed during the currency of the contract and not subject to variation on any account.
- 8.2 Sales-tax/VAT(except service tax), purchase tax, turnover tax or any other tax applicable in respect of this contract shall be payable by the bidder and SAI will not entertain any claim whatsoever in respect of the same. However, in respect of service tax, if payable, same shall be paid by the bidder to the concerned department on demand and it will be reimbursed to it by SAI after satisfying that it has been actually and genuinely paid by the bidder.

Bid Security

9.1 The Bidder shall furnish Bid Security, for an amount as shown

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in the IFB in Section I. The Bid Security is required to protect SAI against the risk of the Bidder's unwarranted conduct as amplified under sub-clause 9.7 below. Non submission of bid security will be considered as major deviation and Bid without bid security will not be considered.

- 9.2 In case as per Notification of Government of India if the Bidder falls in the category of exemption of Bid Security, it should furnish the relevant Notification along with required documents like valid Registration Certificate etc. and other documents ensuring that such certification is still valid and subsisting.
- 9.3 The Bid Security shall be furnished in one of the following forms:
 - (i). Account Payee Demand Draft (ii).

Fixed Deposit Receipt

- (iii). Banker's cheque
- (iv). Bank Guarantee
- 9.4 The Demand Draft, Fixed Deposit Receipt or Banker's Cheque shall be drawn on any Commercial Bank in India or country of the Bidder, in favour of the "Chief Operating Officer, SAI National Boxing Academy", payable at "Rohtak". In case of Bank Guarantee, the same is to be provided from any nationalized/scheduled/ bank in India (acceptable to SAI) as per the format specified under Section IV (C) of Bid Documents.

Bid security must be submitted to the Tender Inviting Authority before bid submission end date and time.

- 9.5 The Bid Security shall be valid for a period of forty-five (45) days beyond the validity period of the Bid. As validity period of Bid as per Clause of ITB is days, the Bid Security shall be valid for days from Technical Bid opening date.
- 9.6 Unsuccessful Bidders' Bid Security will be returned to them without any interest, after expiry of the Bid validity period, but not later than forty-five days after conclusion of the resultant contract. Successful Bidder's earnest money will be returned without any interest, after receipt of performance security from that Bidder.

9.7 Bid Security of a Bidder will be forfeited, if the Bidder withdraws or amends its Bid or impairs or derogates from the Bid in any respect within the period of validity of its Bid without prejudice to other rights of the SAI. The successful Bidder's Bid Security will be forfeited without prejudice to other rights of SAI if it fails to furnish the required performance security within the specified period.

Bid Validity

- 10.1 The Bid shall remain valid for acceptance for a period of days (45 days) after the date of Bid opening prescribed in the Bidding Document. Any Bid valid for a shorter period shall be treated as unresponsive and rejected.
- In exceptional cases, the Bidders may be requested by the Tender Inviting Authority to extend the validity of their Bids up to a specified period. The Bidders, who agree to extend the Bid validity, are to extend the same without any change or modification of their original Bid and they are also to extend the validity period of the Bid Security accordingly.
- 10.3 In case the day up to which the Bids are to remain valid falls on or subsequently declared a holiday or closed day for SAI, the Bid validity shall automatically be extended up to the next working day.

Signing of Bid

- 11.1 The Bidders shall submit their Bids as per the instructions contained in ITB clause 6.
- 11.2 Bid shall be typed and the same shall be signed by the bidder or by a person(s) who has been duty authorized to bind the bidder to the contract and upload in PDF format.
- 11.3 The bid shall be duly signed at the appropriate place as indicated in the Bidding Documents and all other pages of the Bid. The Bid shall not contain any erasure or overwriting. The letter of authorization shall be by a written power of attorney, which shall also be furnished along with the Bid.
- 11.4 Bidding Document seeks quotation following Two Bid System, in two parts. First part will be known as 'Technical Bid', and the second part 'Price Bid' as specified in clause-6 of ITB.

SUBMISSION OF BIDS

Submission of Bids

Online bids have been invited and bidder should submit their bid strictly in accordance with the instructions given for on line submission under Section II-B.

BID OPENING

Opening of Bids

- 13.1 The Tender Inviting Authority will open the Bids at the specified date and time and at the specified place as indicated in the IFB in Section-I.
- 13.2 In case the specified date of Bid opening falls on or is subsequently declared a holiday or closed day for the purchaser, the Bids will be opened at the appointed time and place on the next working day.
- 13.3 Authorized representatives of the Bidders, who have submitted Bids on time may attend the Bid opening provided they bring with them letters of authority from the corresponding Bidders acknowledgement letter of bid submission at CPPP website: https://eprocure.gov.in/eprocure/app.
- 13.4 Two - Bid system will be as follows. The **Technical Bids** are to be opened in the first instance, at the prescribed time and date as indicated in IFB Critical Date Sheet. These Bids shall be scrutinized and evaluated by the Tender Inviting Authority with reference to parameters prescribed in the Bidding Document. During the Technical Bid opening, the Bid opening official(s) will read the salient features of the Bids like brief description of the services offered, Completion period, Bid Security and any other special features of the Bids, as deemed fit by the Bid opening official(s). Thereafter, in the second stage, the Price Bids of only the Technically acceptable offers (as decided in the first stage) shall be opened for further scrutiny and evaluation on a date notified after the evaluation of the Technical Bid. The prices, special discount if any, offered etc., as deemed fit by Bid opening official(s) will be read out.

SCRUTINY AND EVALUATION OF BIDS

Scrutiny of Bids

- 14.1 The Tender Inviting Authority will examine the Bids to determine whether they are complete, whether the documents have been properly signed, stamped and whether the Technical Bids are generally in order.
- 14.2 Prior to the evaluation of Price Bids, the Tender Inviting Authority will determine the substantial responsiveness of each Bid with respect to the Bidding Document. For purposes of these clauses, a substantially responsive Bid is one, which conforms to and complies with all the terms and conditions of the bid document.
- 14.3 If a Bid is not substantially responsive, it will be out rightly rejected by SAI.

Qualification Criteria

Bids of the Bidders, which do not meet the required Qualification Criteria prescribed in Clause 6(A) & Section III, will be treated as non - responsive and will not be considered further.

Comparison of Bids and Award Criteria.

- 16.1 The contract may be awarded to the lowest responsive Bidder who meets the laid down Qualification Criteria and submits the required Bid documents and accept the other terms & conditions. (SELECTION CRITERIA IS GIVEN IN SECTIONN III(C)
- 16.2 SAI reserves the right to give the price preference/purchase preference as per the instruction in vogue while evaluating, comparing and ranking the responsive Bids. The Bidders claiming the same should enclose the concerned Notification of Govt. of India along with other relevant documents so as to establish their claim and entitle them for such preferences.

G. AWARD OF CONTRACT

SAI's Right to accept any Bid and to reject any or all Bids

SAI reserves the right to accept in part or in full any Bid, or reject any or more Bid(s) without assigning any reason or to cancel the Biding process and reject all Bids at any time prior to award of contract, without incurring any liability, whatsoever to the affected Bidder or Bidders.

Notification of Award

- 18.1 Before expiry of the Bid validity period, SAI will notify the successful Bidder(s) in writing, by registered / speed post or by fax/ email/sms etc. (to be confirmed by registered / speed post) that its Bid for services, which have been selected by SAI, has been accepted, also briefly indicating there in the essential details like Scope of work & services, and completion period, corresponding prices accepted. The successful Bidder must furnish to SAI the required Performance Security within twenty one days from the date of dispatch of this notification, failing which the bid security will be forfeited and the award will be cancelled. Relevant details about the Performance Security have been provided under GCC Clause 20 under Section VI.
- 18.2 The Notification of Award shall constitute the conclusion of the Contract.

19 Issue of Contract

- 19.1 Promptly after Notification of award, SAI will send the Contract Agreement as per Section VII (A), duly completed and signed, in duplicate, to the successful Bidder by registered / speed post.
- 19.2 The successful Bidder shall return the original copy of the contract, duly signed and sealed with date, to SAI by registered/speed post within twenty eight days from the date of issue of the contract.

Non-receipt of Performance Security and Contract by the Tender Inviting Authority

Failure of the successful Bidder in providing Performance Security and / or returning contract copy duly signed in terms of ITB clause 19 above shall make the Bidder liable for forfeiture of its bid security and also, for further actions by SAI against it as per the clause of GCC – Termination of default in Section-VII and other administrative actions as deemed fit by the SAI.

Corrupt or Fraudulent Practices

It is required by all concerned namely the Bidders to observe the highest standard of ethics during the execution of such contracts. In pursuance of this policy, SAI: -

will reject a proposal for award if it determines that the Bidder recommended for award has engaged or is engaged in corrupt or fraudulent or collusion or coercive practices in competing for the contract in question;

will declare a firm ineligible or blacklist, either indefinitely or for a stated period of time, to be awarded a contract by SAI if it at any time determines that the firm is or has been engaged in corrupt or fraudulent or collusion or coercive practices in competing for, or gross/deliberate negligence in executing the contract.

SAI reserves the right to not to conclude Contract and in case Contract has been issued, terminate the same, if found to be obtained by any misrepresentation, fraud, concealment and suppression of material facts by the Bidder. In addition, Bid Security/Performance Security (as the case may be) deposited by the Bidder shall be forfeited and legal as well as administrative action for such misrepresentation, fraud, concealment & suppression of material facts shall be initiated.

SECTION-II

Instructions for Online Bid Submission

The bidders are required to submit soft copies of their bids electronically on the CPP Portal, using valid Digital Signature Certificates. The instructions given below are meant to assist the bidders in registering on the CPP Portal, prepare their bids in accordance with the requirements and submitting their bids online on the CPP Portal.

More information useful for submitting online bids on the CPP Portal may be obtained at: $\frac{\text{https://eprocure.gov.in//}}{\text{eprocure/app}}.$

REGISTRATION

- (i). Bidders are required to enroll on the e-Procurement module of the Central Public Procurement Portal (URL: https://eprocure. gov.in//eprocure/app) by clicking on the link "Online bidder Enrolment" on the CPP Portal which is free of charge.
- (ii). As part of the enrolment process, the bidders will be required to choose a unique username and assign a password for their accounts.
- (iii). Bidders are advised to register their valid e-mail address and mobile numbers as part of the registration process. These would be used for any communication from the CPP Portal.
- (iv). Upon enrolment, the bidders will be required to register their valid Digital Signature Certificate (Class II or Class III Certificates with signing key usage) issued by any Certifying Authority recognized by CCA India (e.g. Sify/TCS/nCode/eMudhra etc.), with their profile.
- (v). only one valid DSC should be registered by a bidder. Please note that the bidders are responsible to ensure that they do not lend their DSC's to others which may lead to misuse.
- (vi). Bidder then logs in to the site through the secured log-in by entering their user ID/ password and the password of the DSC/e-token.

SEARCHING FOR TENDER DOCUMENTS

(i). There are various search options built in the CPP Portal, to facilitate bidders to search active tenders by several parameters. These parameters could include Tender ID, Organization Name, Location, Date, Value, etc. There is also an option of advanced search for tenders, wherein the bidders may combine a number of search parameters such as Organization Name, Form of Contract, Location, Date, Other keywords etc. to search for a tender published on the CPP Portal.

Once the bidders have selected the tenders they are interested in, they may download the required documents / tender schedules. These tenders can be moved to the respective 'My Tenders' folder. This would enable the CPP Portal to intimate the bidders through SMS / e-mail in case there is any corrigendum issued to the tender document.

The bidder should make a note of the unique Tender ID assigned to each tender, in case they want to obtain any clarification / help from the helpdesk.

PREPARATION OF BIDS

Bidder should take into account corrigendum published on the tender document before submitting their bids.

Bidders are required to go through the tender advertisement and the tender document carefully to understand the documents required to be submitted as part of the bid. It is further advised that the Bidders need to carefully read the instructions with regard to the number of covers in which the bid documents have to be submitted, the number of documents – including the names and content of each of the document that need to be submitted. Any deviations from these may lead to rejection of the bid.

Bidder, in advance, should get ready the bid documents to be submitted as indicated in the tender document / schedule and generally they can be in PDF / XLS / RAR / DWF/JPG formats. Bid documents may be scanned with 100 dpi with black and white option which helps in reducing size of the scanned document.

To avoid the time and effort required in uploading the same set of standard documents which are required to be submitted as a part of every bid, a provision of uploading such standard documents (e.g. PAN card copy, annual reports, auditor certificates etc.) has been provided to the bidders. Bidders can use "My Space" or "Other Important Documents" area available to them to upload such documents. These documents may be directly submitted from "My Space" area while submitting a bid and need not be uploaded again and again. This will lead to a reduction in the time required for bid submission process.

SUBMISSION OF BIDS

Bidder should log into the site well in advance for bid submission so that they can upload the bid in time i.e. on or before the bid submission time. Bidder will be responsible for any delay due to other issues.

The bidder has to digitally sign and upload the required bid documents one by one as indicated in the tender document.

Bidder has to select the payment option as "offline" to pay the tender fee / EMD as applicable and enter details of the instrument.

Bidder should prepare the EMD as per the instruction specified in the tender document. The original should be posted/couriered/given in person to the concerned official latest by the last date of bid submission or as specified in the tender documents. The details of the DD/any other accepted instrument, physically sent, should tally with the details available in the scanned copy and the data entered during bid submission time. Otherwise the uploaded bid will be rejected.

The server time (which is displayed on the bidders' dashboard) will be considered as the standard time for referencing the deadlines for submission of the bids by the bidders, opening of bids etc. The bidders should follow this time during bid submission.

All the documents being submitted by the bidders would be encrypted using PKI encryption techniques to ensure the secrecy of the data. The data entered cannot be viewed by unauthorized persons until the time of bid opening. The confidentiality of the bids is maintained using the secured Socket Layer 128 bit encryption technology. Data storage encryption of sensitive fields is done. Any bid document that is uploaded to the server is subjected to symmetric encryption using a system generated symmetric key. Further this key is subjected to asymmetric encryption using buyers/bid openers public keys. Overall, the uploaded tender documents become readable only after the tender opening by the authorized bid openers.

The uploaded tender documents become readable only after the tender opening by the authorized bid openers.

Upon the successful and timely submission of bids (i.e. after Clicking "Freeze Bid Submission" in the portal), the portal will give a successful bid submission message & a bid summary will be displayed with bid no. and the date & time of submission of the bid with all other relevant details.

The bid summary has to be printed and kept as an acknowledgement of the submission of the bid. This acknowledgement may be used as an entry pass for any bid opening meetings.

ASSISTANCE TO BIDDERS

Any queries relating to the tender document and the terms and conditions contained therein should be addressed to the Tender Inviting Authority for a tender or the relevant contract person indicated in the tender.

Any queries relating to the process of online bid submission or queries relating to CPP Portal in general may be directed to the 24x7 CPP Portal Helpdesk. The Contract number for the helpdesk is 1800 3072 2232.

SECTION - III (A) QUALIFICATION CRITERIA

Bid Reference No. SAI/NBA/RTK/MESS-TENDER/2018

01.

Sl. No.	Qualification Criteria
1.	The bidder shall have at least five years' experience in running catering services in reputed institutions like schools/colleges/offices/education institution/sports hostels with full set up in the area to effectively run the mess of hostel/mess
2.	Satisfactory completion of at least three similar works, each of value not less than 40% of the estimated cost put to tender OR two similar works, each of value not less than 60% of the estimated cost, OR one similar work of value not less than 80% of the estimated cost, all amounts rounded off to a convenient full figure, in the last 7 years ending on the last day of the month previous to the one in which the tenders are invited. These works should be carried out in Central/State Govt. Department/PSUs/Autonomous bodies/Registered Education Institutions or other similar organizations. "
3.	Average annual financial turn-over should be 30,00,000(at least 100% of the estimated cost) during the immediate last three consecutive financial years.

In support of above, the Bidder shall furnish scanned copy of the required documents, Performance Statement has to be as per proforma in Section-III 'B',.

Requirement of scanned copy of the documents as listed at Para 6 of Section II(ITB) is also a part of the qualification criteria.

SECTION – III (B) PERFORMANCE STATEMENT

(For the period of last three years)

Bid Reference No.	:
Date of opening	:
Name and address of the Bidder	:
Name and address of the department where worked	:

Order placed by	Order number	Order placed	and quantity	Value of order	Date of completion of Contract		Remarks indicating	Are the services
(full address)	and date	on	of services		As per contract	Actual	reasons for delay if any	
1	2	3	4	5	6	7	8	9

Signature and seal of the Bidder

Note:

SAI reserves the right to ask the bidder to furnish copies of orders and satisfactory completion certificate in respect of works detailed in above statement.

SECTION-III SELECTION CRITERIA:

Authority reserves the right to accept or reject any or all bids without assigning any reasons.

Authority also reserves the right to reject any bid (including the lowest one) which in its opinion is not responsive or is violating any of the conditions/specifications or which is found to be adopting unethical business practices; without bearing any liability or any loss whatsoever it may cause to the bidder in the process.

Technical bids will be evaluated as per qualification criteria given in Section III (Qualification Criteria & Performance Statement) read with Para 6 of Section II (ITB) of the tender documents.

Technical bids of only those bidders who have submitted cost of tender documents & Bid Security as per terms of NIT will be opened.

The successful bidder will be the one who emerges H1 out of responsive bids. In case, the two or more firms offer the same rates, such firms shall be asked to submit sealed revised offer but the revised quoted rates should not be lower than their respective original rate quoted already at the time of submission of tender. The highest tender shall be decided on the basis of revised offer.

Data

SECTION - IV (A) BID SUBMISSION FORM

				Dutt	
То					
Sport	s Authority of	f India			
Ref.:	Your Biddin	ng Document N	0	dated	
		ave examined the lment/corrigence			dding
		receipt of whic (<i>Descriptio</i>			
		document for land			n the

We further confirm that, if our Bid is accepted, we shall provide you with a performance security of required amount in an acceptable form in terms of GCC clause 5, in Section - VI for due performance of the contract.

We agree to keep our Bid valid for acceptance for _____ days or for subsequently extended period, if any, agreed to by us. We also accordingly confirm to abide by this Bid up to the aforesaid period and this Bid may be accepted any time before the expiry of the aforesaid period. We further confirm that until a formal contract is executed, this Bid read with your written acceptance thereof within the aforesaid period shall constitute a binding contract between us.

We agree to provide qualified workers as indicated in the Tender Documents for Security Work as per terms & conditions of the tender documents.

We also agree to submit the bill on monthly basis and accept for making payment to the workers as per the Minimum Wages notified by the Government.

We agree to the compliance of applicable Labour & other Laws in force.

We agree that all other payments like payment under Workmen Compensation Act etc. shall be borne & payable by us.

We agree to keep SAI indemnified of any claim/damages, if any that SAI may have to pay with respect to the service and the deployment of any of our workers for SAI's work.

We agree to all terms and conditions of General Conditions of Contract as per Section VI.

We further understand that you are not bound to accept the highest or any Bid you may receive against your above-referred Bid Reference.

We confirm that there is no case pending with the police or any other investigating agency (ies) against the proprietor/firm/partner or the company.

We confirm that no near relative of ours is an employee in SAI who is connected with the award and execution of the contract.

We confirm that we are competent to contract and we do not stand deregistered/banned/blacklisted by any Govt. Authorities.

We confirm that we fully agree to the terms and conditions specified in above mentioned Bidding Document, including amendment/corrigendum if any

	-
[Signature with date, name and designation]	-
Duly authorised to sign Bid for and on behalf of Messrs	

[Name & address]

SECTION-IV

(B) Price Schedule/Financial Bid

(To be utilized by the bidders for quoting their prices)

Bid Particulars for Tender No.

1.	Name of Bidder
	Address of Bidder :

Fixed Monthly Infrastructure usage charges

S.No	Type of Space/Item to be used by the bidder	Quantity In sft.	Rate	Amount
1.	License Fee on per square feet basis for Space to be provided to the successful bid- der			
2.	Items like utensils etc. will be provided by the successful bidder with list	As per list		

NOTE:

Successful bidder shall be the one who emerges H1 in aggregate of both the items. $\,$

Service charges @ $_$ _% of the bill amount excluding service tax will be paid extra.

(Signature of bidder or his authorized signatory with seal) Telephone No
Fax No
E-mail
Wehsite:

Whereas

SECTION -IV (C) BANK GUARANTEE FORM FOR BID SECURITY

(hereinafter

"Bidder") has submitted its quotation dated for the
service of (hereinafter called the "Bid"
service of (hereinafter called the "Bid" against the Sports Authority of India's Bid Reference No
Know all persons by these presents that we
of
(Hereinafter called the "Bank") having our registered office at
are bound unto(hereinafte
called the "Sports Authority of India) in the sum of
for which payment will and truly to be made to the said Sports Authority of India, the Bank binds itself, its successors and assigns by these presents Sealed with the Common Seal of the said Bank this day of 20 The conditions of this obligation are:
If the Bidder withdraws or amends, impairs or derogates from the Bid in any respect within the period of validity of this Bid.
If the Bidder having been notified of the acceptance of his Bid by the Sports Authority of India during the period of its validity:-
Fails or refuses to furnish the performance security for the duperformance of the contract.
Or
Fails or refuses to accept/execute the contract.
We undertake to pay the Sports Authority of India up to the above amount upon receipt of its first written demand, without the Sport Authority of India having to substantiate its demand, provided that in it demand the Sports Authority of India will note that the amount claimed by it is due to it owing to the occurrence of one or both the two conditions, specifying the occurred condition(s).
This guarantee will remain in force for a period of forty-five day after the period of Bid validity of days i.e. for days (days 45 days) from the date of Bid Opening and any demand in respective thereof should reach the Bank not later than the above date.
(Signature of the authorized officer of the Bank) Name and designation of the officer

Seal, name & address of the Bank and address of the Branch

SECTION-IV

Letter of Authorization for attending bid opening Meeting

Tender No		
Subject : Authorisation (date) in the t	for attending bid op ender of	_
Following persons are he for the tender mentioned in order of preference give	l above on behalf of	
Order of Preference	Name	Specimen
		Signature
1.		
2.		
Alternate Representative		
Signatures of bidder		
Or		
Officer authorized to sign	n the bid documents or	n behalf of the bidder.
Note:		

Maximum of two representatives will be permitted to attend bid opening. In case where it is restricted to one, first preference will be allowed. Alternate representatives will be permitted when regular representative are not able to attend.

Permission for entry to the hall where bids are opened may be refused in case authorization as prescribed above is not recovered.

SECTION – IV (E) NEFT MANDATE FORM

From: M/s	Date:
То	
Sports Authority of India,	
New Delhi.	
Sub: NEFT PAYMENTS	
We refer to the NEFT being so	et up by SAI. For remittance of our
	eme, our payments may be made
through the above scheme to our u	ınder noted account.
NATIONAL ELECTRONIC FUND	S .TRANSFER MANDATAE FORM
Name of City	
Bank Code No.	
Bank 's name	
Branch Address	
Branch Telephone / Fax no.	
Supplier's Account No.	
Type of Account	
IFSC code for NEFT	
IFSC code for RTGS	
Supplier's name as per Account	
Telephone no. of supplier	
Supplier's E-mail ID	
.	
[Signature	e with date, name and designation]
For and on behal	f of Messrs
[Nan	ne & address of the manufacturers]
Confirmed by Bank:	
Enclose a conv of Crossed Cheque	

SECTION -V

SCOPE OF WORK

Menu of items to be served in Mess services as per SAI policy indicating the cost per person per day to be paid to the caterer may be given.

SECTION-VI GENERAL CONDITIONS OF CONTRACT

The contract shall be for a period of 2017-18 & 2018-19 year.

Breakfast, Lunch, Evening Snacks and Dinner need to be served as per the basic menu agreed upon with the Hostel Management Committee. A copy of the menu is enclosed as Annexure I.

TENTATIVE MESS TIMINGS

Bed Tea	:	6:00 AM
Breakfast	:	8:30 AM
Lunch	:	1:00 PM
Evening Tea	:	3:30 PM
Lemon Water/Juice		7:00 PM
Dinner	:	8:00 PM

Electricity to be used in the mess facility will be charged at actual consumption basis to be worked out as per reading in the meter. Water will be provided free of cost.

Contractor is required to deposit 5% to 10% of tender cost as Performance security deposit at the time of award of contract within stipulated time if his / her offer is accepted. In case of premature termination of the contract by either side, the Performance security deposit will be forfeited. The security deposit can be in the form of Account Payee Demand Draft or Fixed Deposit Receipt drawn from any Schedule Bank in India or Bank Guarantee issue by Scheduled bank in India in prescribed from in Section of this document in favour of SAI. The Performance Security should remain valid for sixty days beyond expiry date of the contract.

Disclaimer: The near relatives of employees of the authority are prohibited from participation in this tender. The near relatives for this purpose are defined as:

Members of a Hindu Undivided Family.

Their Spouse.

The one is related to the other in the manner as father, mother, son(s), son's wife (daughter-in-law), daughter(s) & daughter's husband (son-in-law), brother(s) & brother's wife, sister(s) and sister's husband (brother-in-law).

If dispute or difference of any kind shall arise between the contractor & the SAI in connection with or relating to the Contract, the parties shall make every effort to resolve the same amicably by mutual consultations.

If the parties fail to resolve their dispute or difference by such mutual consultation within twenty-one days of its occurrence, then, either the party may give notice to the other party of its intention to commence arbitration, as hereinafter provided the applicable arbitration procedure will be as per the Arbitration and Conciliation Act, 1996 of India. In the case of a dispute or difference arising between the parties relating to any matter arising out of or connected with the Contract, such dispute or difference shall be referred to the sole arbitration, appointed by Director General (Sports Authority of India). The award of the arbitrator will be final and binding on the parties to the Contract.

Venue of Arbitration: The venue of arbitration shall be the place from where the Contract has been issued.

10. The Court of Rohtak will have the exclusive Jurisdiction to try the disputes.

The Contract shall be governed by and interpreted in accordance with the laws of India for the time being in force.

Statutory Requirement/obligation: All statutory rules, like Minimum wages as per Central Government Rule (EPF) Act, ESI Act + EPF Act, etc., as applicable for engagement of labours on daily wage are to be followed strictly as per Government norms.

In case of failure to comply with the above statutory Rules, Acts, the SAI shall have the right to impose the penalty and/ or cancel the contract.

The contractor shall not assign, sublet or part with the possession of the premises and properties of the Institute therein or any part thereof under any circumstances.

The contractor shall not appoint any sub-contractor to carry out any obligation under this Contract.

The contractor shall vacate the leased premises with all features, furniture etc., which are SAI's properties in good and tenable conditions at the termination of the contract.

The contractor shall not make or permit any construction or structural alteration of additional fitting inside the premises of the work place without prior written approval of the authorities.

The performance guarantee will be returned two months after the end of the contract period without interest if there are no pending issues against the contractor.

Three months notice is required from the contractor for the termination of the contract service if such a condition arises during the contract period.

If the contractor and/or his team and also functioning of the mess is not up to the mark or, the quality of the food is below standard or unhealthy or unhygienic, then SAI is empowered to terminate the contract with a short notice of one week. Termination on such opinion shall be final in so far as the food quality / mess management is concerned.

In case of unsatisfactory performance / any dispute whatsoever / labour dispute emergency condition or any other reason as deemed fit by SAI, the contract can be cancelled at the sole discretion of SAI.

Hygiene, overall cleanliness of surrounding, kitchen and the food, raw materials, ingredients etc. are to be of good quality. Clean, fresh, nutritious, hygienic and edible food has to be served. Any type of COOKED FOOD shall not be stored / preserved / re-served after meals.

Not following in charge's suggestions / instructions in above matters shall be considered as violation of terms and conditions of contract and shall invite penalty for the same as mentioned in Annexure II.

The mess utensils are to be cleaned with hot water using detergent powder/soap after every meal.

Contractor shall be solely responsible in case of incidence/s of food poisoning etc. and shall bear the complete expenditure arising out of this for medical treatment of the hostel inmates. In addition, penalty may be imposed on the contractor as decided by the SAI for such incidence/s.

The Contractor shall use only branded raw materials and best quality for preparing the food. Brands of certain mess items are provided. A quality control Team will check all materials brought to the mess as well as cooking practices. In the event of the quality of the food served being poor or not adhering to contractual conditions, the Hostel management will be free to impose monetary fine as deemed fit on the contractor. Such fines imposed will be adjusted against the payments due to the contractor. The Authority will pay in terms of the conditions of the contract for the entire contract period.

MESS ITEM	BRAND/MANUFACTURER LIKE	
Salt	Branded	
Ketchup	Branded	
Oil (Sunflower)	Branded	
Oil (Mustard)	Branded	
(use of Hydrogenated (vanaspati) oil is prohibited)		
Atta	Branded	
Instant Noodles	Branded	
Flavoured fruit drinks	Branded	
Butter/Paneer	Branded	
Cornflakes	Branded	

Sports Authority of India

Jam Branded
Tea Branded
Coffee Branded
Rice Branded
(for special dish)
Bread Branded
Milk Branded
Pickles Branded

(These items are indicative only, to be stipulated as per requirement of center)

(Brands of the items to be mentioned in the tender document as per availability and maintaining high standard of quality to be decided by the tender inviting authority)

The contractor may use any other approved brands only if permitted by the Tender Inviting Authority, in writing. In such case the contractor will submit two or three reputed brands for each grocery item and the tender inviting authority will select the brands for cooking.

It is the sole responsibility of the contractor to get the refills from the gas company to run the mess on his own cost.

Any fluctuations in the Gas price must be absorbed by the Contractor only.

When circumstances warrant, contractor should cater for large number of students/staff members at very short notice.

Similarly, fluctuations in strength during vacation periods shall have to be accommodated accordingly.

Monthly payment to the contractor will be made by, only upon the bills being duly certified by concerned in one installment after the submission of actual mess bill including copies of all statements, taxes paid for the period.

No extra payment will be made against VAT. Service tax, if applicable will be reimbursed on production of paid challans etc.

- Contractor has to collect the guest charges directly from the guests as per the tariff approved by SAI.
- The contractor and his workers must behave politely with hostel inmates. The contractor and his team, under any circumstances should not involve in arguments with the boarders of the mess. In case of such situations/ under emergency, the Contractor should intimate immediately to the concerned also.
- Mess workers and cooks should be healthy and medically fit. The contractor shall furnish medical fitness certificate from the authorized govt. hospital in respect of the mess workers & cooks to be deployed for the job. In addition, they are required to have a regular check up with the institute Medical Officer. If any mess worker is found medically unfit, he may not be given permission to continue his duties and mess contractor has to replace him immediately without fail.
- Mess Contractor or his representative manager is required to remain present in the mess when the food is prepared/served in the mess.
- Smoking / drinking liquor etc. Is strictly prohibited in the Institute premises.
- Storage / consumption of any alcoholic drink / liquor are strictly prohibited. The contractor shall not serve any of such substance / drink in mess / hostel. Smoking, consuming gutkha, tobacco etc. is also prohibited in mess premises.
- Employment of child labour (as per norms) is totally prohibited. It is the responsibility of the Contractor to comply with all formalities of labour office including obtaining necessary labour license.
- The employees of the contractor should wear uniform along with a name tag.
- All expenses related to the functioning of the employees engaged by the Contractor shall be in the scope of the Contractor.

- The Contractor is solely responsible for the payment of Minimum wages as per Central Government Rule for their employees as per of the Government norms and deductions towards E.P.F. and E.S.I.
- Contractor shall provide light food to the sick student/s during his/their sickness period and no extra charge will be paid for the same.
- The Director reserves the right to reject any/all the tender without assigning any reason thereof.

Annexure II

PENALTY

Failure to supply food in terms of quality, quantity and as per the menu indicated in Annexure II will attract penalty. For not adhering to contractual conditions, SAI shall be free to impose monetary fine as deemed fit on the contractor. Fines imposed shall be adjusted against payment due to the contractor.

- Vegetables used should be fresh and of good quality. If vegetables kept for use is found to be rotten or of poor quality, then a fine of Rs 1000/- for each occasion will be imposed.
- Items like Aji-no-moto, Baking soda, colouring items etc. are banned and they should not be used. If they are found in the kitchen premises penalty of Rs1000/- for each occasion will be imposed.
- Kitchen should be kept clean. If it is not kept clean, a fine of Rs1000/- for each occasion will be imposed.
- For damages caused by the contractor to the kitchen equipments, vessels and other items supplied by the licenser, twice the cost of the equipment will be recovered.
- Any complaint of insects cooked along with food found in any food item would invite a fine of Rs1000/- on the contractor.
- Any complaint of soft objects like rope, soft plastic, cloth etc. in food will attract a fine of Rs1000/- per complaint.
- Any complaint of stones / pebbles will attract a penalty on the contractor which can range between Rs1000/- depending on the size of the stone/ pebble per complaint.
- 5 or more complaints of unclean utensils in a day would lead to a fine of Rs1000/- on the contractor.
- If mess committee agrees that certain item of a meal was not cooked properly then a fine of Rs1000/- would be imposed on the contractor.

- Changes in approved menu (as per Annexure I) of any meal without permission of warden/mess committee would result in a fine of Rs 5000/- on the contractor.
- Fine on any discrepancy (personal hygiene of workers, misbehavior by workers etc.) will lead to fine of Rs 1000/- on contractor for every instance.
- Using of brands not mentioned in the contract without prior permission and adulteration shall invoke a hefty fine beyond the limit of any fine mentioned above and decided by the mess committee with consent of the wardens.

Severity of hygiene failure shall be assessed and decided by the mess committee and fined appropriately. In case of gross failure/negligence a severe penalty will be imposed, which could be a hefty fine as cash and/or summary termination of the Contract.

(The above are only indicative. Respective Center may add or delete any of the lapses on which penalty cant/cannot be imposed. Quantum of penalty may be decided by NIT approving authority).

SECTION-VII Form of Contract Agreement

For providing Mess services

Between

Sports Authority of India (SAI)

And

[Name of Agency]

Dated

(A) CONTRACT AGREEMENT FORM

This agreement is made this dayday ofday of
2015 BY AND BETWEEN the, Sports Authority of India acting
through < <insert and="" designation="" name="">>, Sports Authority of India, a</insert>
Society registered under Societies Registration Act, 1860 having its
office at Jawahar Lal Nehru Stadium Complex, Gate No. 10 (East Gate),
next to MTNL Building, Lodhi Road, New Delhi- 110003 (herein after
referred to as "SAI" which expression shall unless repugnant to the
context or meaning thereof, includes its successor-office and assigns) of
the ONE PART:

AND

(Name of Company) having its registered office at (Address of the Company), represented through <<Insert Name and Designation>> who is duly authorized to execute this Agreement) hereinafter referred to as 'Supplier' which expression shall unless repugnant to the context or meaning thereof, includes its successor- office and assigns) of the SECOND PART:

WHEREAS the firm shall and will executive the work details of which are given in clause I of Section I to this office

Bid reference No.......datedat the rate quoted by the firm vide their proposaldated....... and as per all the terms and conditions given in Invitation for Bid (IFB) dated.......and the Bid Document for providing security services which shall become part and parcel of this agreement.

That the bidder would raise demand and the payment shall be done in accordance with the relevant Clause of this Contract

The Performance Security would be en-cashed by "SAI" in case the firm fails to deliver services to the extent as stipulated in the contract and/or breaches of any of the terms and conditions of this contract.

Signatory on Behalf of Sports Authority of India

COO SAI NBA Rohtak

Signatory on Behalf of Sports Authority of India (Signature, name and address Of the Sports Authority of India's authorised official) For and on behalf of COO SAI NBA Rohtak

Sports Authority of India Received and accepted this contract

SECTION - VII

BANK GUARANTEE FORM FOR PERFORMANCE SECURITY

Ta

10		
[The bank, as requested by the suc form in accordance with the instruct		
Date: [insert date (as day, month, and	year) of Noti	fication of Award]
And Contract	No	
Bank's Branch or Office: [insert comp	olete name of	Guarantor]
Beneficiary: Sports Authority of India	a,	
PERFORMANCE GUARANTEE No.:	[insert Guarantee	Performance number]

We have been informed that [insert complete name of firm] (hereinafter called "the bidder") has entered into Contract No. [insert number] dated [insert day and month], [insert year] with you, for the supply of [description of Goods and related Services] (hereinafter called "the Contract").

Furthermore, we understand that, according to the conditions of the Contract, a Performance Guarantee is required.

At the request of the firm, we hereby irrevocably undertake to pay you any sum(s) not exceeding [insert amount(s) in figures and words] upon receipt by us of your first demand in writing declaring the Supplier to be in default under the Contract, without cavil or argument, or your needing to prove or to show grounds or reasons for your demand or the sum specified therein.

This Guarantee shall expire no later than the [insert number] day of [insert month] [insert year], and any demand for payment under it must be received by us at this office on or before that date.

This guarantee is subject to the Uniform Rules for Demand Guarantees, ICC Publication No. 458, except that subparagraph (ii) of Sub-article 20(a) is hereby excluded.

[Signatures of authorized representatives of the bank and the Supplier

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Sports Authority of India National Boxing Academy, Rohtak

Cyclic Menu of Rs 225 per day

Day	Morning Tea	Breakfast	Lunch	Evening tea	After training	Dinner
Monday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Dal Makhni Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200mi	Malka Masoor dal Paneer curry/Chicken curry Rice Chapatti Salad Custard Milk-250ml
Tuesday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kadhi Pakora Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Mix Dal ShahiPaneer/ Shahi Chicken Rice Chapatti Salad Sooji Halwa Milk-250ml
Wednesday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kala Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Moong sabut dal Kadhai Paneer/ KadhaiChicken Rice Chapatti Salad Kheer Milk-250ml
Thursday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g	Lobhiya Seasonal veg Curd Salad Rice	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Panchmel Dal KalimirchPaneer/ Kali mirchChicken Rice Chapatti

		Eggs /paneer- 2/50g Bananas- 2	Chapatti			Salad Seviyan Milk-250ml
Friday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kabuli Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Moong dhuli Matar Paneer/Chicken Masala Rice Chapatti Salad Custard Milk-250ml
Saturday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Rajma Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Chana Dal KadhaiPaneer/ Kadhai Chicken Rice Chapatti Salad Rice kheer Milk-250ml
Sunday	Tea- 1 cup Biscuits- 1 small pkt	Milk-250ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-200ml	Moong Sabut dal Chilly Paneer/Chicken chilly Rice Chapatti Salad Seviyaan Milk-250ml

- Sweet dish will be prepared from 200ml of milk.
- Curd will be set from milk.
- All amounts are of Raw items mentioned in the above cyclic menu.

Sports Authority of India National Boxing Academy Rohtak Cyclic Menu of Rs 300 per day

Day	Morning Tea	Breakfast	Lunch	Evening tea	After training	Dinner
Monday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Dal Makhni Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Malka Masoor dal Paneer curry/Chicken curry Rice Chapatti Salad Custard Milk-250ml
Tuesday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kadhi Pakora Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Mix Dal ShahiPaneer/ Shahi Chicken Rice Chapatti Salad Sooji Halwa Milk-250ml
Wednesday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kala Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Moong sabut dal Kadhai Paneer/ KadhaiChicken Rice Chapatti Salad Kheer Milk-250ml
Thursday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Lobhiya Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu Paani- 500ml Juice-400ml	Panchmel Dal KalimirchPaneer/ Kali mirchChicken Rice Chapatti Salad Seviyan Milk-250ml

Friday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Kabuli Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Moong dhuli Matar Paneer/Chicken Masala Rice Chapatti Salad Custard Milk-250ml
Saturday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Rajma Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Chana Dal KadhaiPaneer/ Kadhai Chicken Rice Chapatti Salad Rice kheer Milk-250ml
Sunday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 2/50g Bananas- 2	Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani-500ml Juice-400ml	Moong Sabut dal Chilly Paneer/Chicken chilly Rice Chapatti Salad Seviyaan Milk-250ml

- Sweet dish will be prepared from 200ml of milk.
- Curd will be set from milk.
- All amounts are of Raw items mentioned in the above cyclic menu.

Sports Authority of India National Boxing Academy, Rohtak

Cyclic Menu of Rs 350 per day

Day	Morning Tea	Breakfast	Lunch	Evening tea	After training	Dinner
Monday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer-4/100g Bananas- 4	Dal Makhni Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Malka Masoor dal Paneer curry/Chicken curry Rice Chapatti Salad Custard Milk-250ml
Tuesday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter -20g Jam-20g Daliya -30g Eggs /paneer-4/100g Bananas- 4	Kadhi Pakora Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Mix Dal ShahiPaneer/ Shahi Chicken Rice Chapatti Salad Sooji Halwa Milk-250ml
Wednesday	Tea-1 cup Biscuits-1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 4/100g Bananas- 4	Kala Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Moong sabut dal Kadhai Paneer/ KadhaiChicken Rice Chapatti Salad Kheer Milk-250ml
Thursday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 4/100g Bananas- 4	Lobhiya Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu Paani- 500mi Juice-400ml	Panchmel Dal KalimirchPaneer/ Kali mirchChicken Rice Chapatti Salad Seviyan Milk-250ml

Friday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 4/100g Bananas- 4	Kabuli Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Moong dhuli Matar Paneer/Chicken Masala Rice Chapatti Salad Custard Milk-250ml
Saturday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 4/100g Bananas- 4	Rajma Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Chana Dal KadhaiPaneer/ Kadhai Chicken Rice Chapatti Salad Rice kheer Milk-250ml
Sunday	Tea- 1 cup Biscuits- 1 small pkt	Milk-500ml Bread-6 slices Butter –20g Jam-20g Daliya -30g Eggs /paneer- 4/100g Bananas- 4	Chana Seasonal veg Curd Salad Rice Chapatti	Tea – 1Cup	Nimbu paani- 500ml Juice-400ml	Moong Sabut dal Chilly Paneer/Chicken chilly Rice Chapatti Salad Seviyaan Milk-250ml

- Sweet dish will be prepared from 200ml of milk.
- Curd will be set from milk.
- All amounts are of Raw items mentioned in the above cyclic menu.



Sports Authority of India National Boxing Academy Rohtak

Cyclic Menu of Rs 480 per day

Day	Bed Tea	Training	Breakfast	Lunch	Evening Tea	Training	Dinner	Bedtime
Monday	Tea	Fruit Juice-200ml	Bread-6 slices Butter-20g Jam-25g Eggs/Paneer- 6/100g Porridge/cornf lakes- 30g Bananas-2 in no. Milk-500ml	Chapati- 125g Jeera rice- 100g Dal Makhni- 50g Seasonal veg- 200g Curd-200g Salad- 25g Fruit- 400g	Tea	Fruit Juice-200ml	Chapati- 125g Masala rice- 100g Dal Masur- 50g Seasonal veg- 200g MasalaChicke n/ Shahi Paneer- 300g/200g Salad- 25g Kheer	Milk 300m

Tuesday	Теа	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g. Eggs/Paneer-6/100g Porridge/ cornflakes- 30g Bananas-2 in no.	Chapati- 125g Matar rice- 100g Rajma-50g Seasonal veg- 200g Jeera raita- 200g Salad- 25g Fruit- 400g	Теа	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Rice-100g Dal Mix-50g Seasonal veg- 200g ChickenCurry / Paneer Curry- 300g/200g Salad- 25g Suji Halwa	Milk 300m
Wednesday	Tea	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g Eggs/Paneer-6/100g Porridge/ cornflakes- 30g Bananas-2 in no. Milk-500ml	Chapati- 125g Plain rice- 100g Dal Masur sabut-50g Seasonal veg- 200g Boondi Raita- 200g Salad- 25g Fruit- 400g	Tea	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Jeera rice- 100g Dal Chana- 50g Seasonal veg- 200g Kadhai Chicken/ Kadhai Paneer- 300g/200g Salad- 25g Seviyan	Milk 300ml

Thursday	Tea	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g Eggs/Paneer-6/100g Porridge/ cornflakes- 30g Bananas-2 in no.	Chapati- 125g Masala rice- 100g Kabuli Chana-50g Seasonal veg- 200g Curd-200g Salad- 25g Fruit- 400g	Tea	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Rice-100g Dal Moong- 50g Seasonal veg- 200g Chicken chilly/ Paneer chilly 300g/200g Salad- 25g Kheer	Milk 300ml
Friday	Tea	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g Eggs/Paneer-6/100g Porridge/cornflakes-30g Bananas-2 in no. Milk-500ml	Chapati- 125g Plain rice- 100g Black Chana- 50g Seasonal veg- 200g Curd-200g Salad- 25g Fruit- 400g	Tea	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Jeera rice- 100g Dal Masur- 50g Seasonal veg- 200g Chickencurry/ Paneer curry- 300g/200g Salad- 25g Ice cream	Milk 300ml

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Saturday	Tea	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g Eggs/Paneer-	Jeera rice- 100g Dal Makhni- 50g	Теа	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Plain rice- 100g Dal Chana- 50g Seasonal	Milk 300ml
			6/100g Porridge/ cornflakes- 30g Bananas-2 in no. Milk-500ml	Seasonal veg- 200g Curd-200g Salad- 25g Fruit- 400g			veg- 200g Kali MirchChicken / kali mirch Paneer- 300g/200g Salad- 25g Kheer-	
Sunday	Tea	Fruit Juice-200ml Nimbu pani-500ml	Bread-6 slices Butter-20g Jam-25g	Chapati- 125g Plain rice- 100g Dal Arhar-50g	Теа	Fruit Juice-200ml Nimbu pani-500ml	Chapati- 125g Moong Dhuli- 50g Seasonal veg- 200g	Milk 300ml
			Eggs/Paneer- 6/100g Porridge/ cornflakes- 30g Bananas-2 in no. Milk-500ml	Seasonal veg- 200g Mint raita- 200g Salad- 25g Fruit- 400g			Chicken Biryani/ Paneer biryani- 300g/200g Salad- 25g Custard	

- Sweet dish will be prepared from 200ml of milk.
- Curd will be set from milk.
- All amounts are of Raw items mentioned in the above cyclic menu.

REVISED MENU WORTH @RS.690 FOR SENIOR NATIONAL CAMPERS

ITEM / PREPARATION	QUANTITY			
Tea/coffee	10g			
Biscuits/Snacks	4 in no.			
Bread slices	As desired			
Butter	20g			
Jam	25g			
Eggs	6 in no.			
Cereal flakes / Museli	30g			
Dalia	30g			
Milk	2 litres			
Banana	2			
Fresh Fruits	500g/ 2 in no.			
Fruit juices	1 litre			
Rice	200g			
Atta	250g			
Dal	125g			
Vegetables	500g			
(Chicken/ Fish/ Mutton)/	700g/500g			
(Paneer/Mushroom/soya products)				
Chicken sausages/ salami/ liver	100g			
Chocolate	11			
Oil	60g			
Honey/ sugar/ peanut butter/threptin/ protein X	As required			
Lemon juice	As desired			
Desert / Ice cream	200ml/ 1 serving			
Mineral water	As required			
Spices and condiments	As required			
Dry fruits (assorted)	50g			
Fuel(gas/LPG/charcoal/ golcha / lakkda				
Cleaning material	As required			