

International Conference on Sports Medicine & Sports Sciences

(SAICON 2017 Delhi)

Organized by Sports Authority of India

7-9 December 2017, JN Stadium, New Delhi

Pre Conference Courses (5-6 December 2017)

TEAM PHYSIOTHERAPIST Course (5-6 December 2017)

Syllabus

1. Team Physiotherapist - duties & responsibilities
2. Team Physiotherapist Kit bag & Travelling with teams
3. Doping Control –Prohibited list, TUE
4. Nutrition , hydration & food supplements
5. Sports physiotherapy-Recent trends
6. Strength & Conditioning
7. Basic Life Support /CPR workshop
8. Principles of injury Prevention
9. Pre participation musculo- skeletal evaluation
10. Women in sports
11. Principles of rehabilitation
12. Overuse injuries
13. Taping & Strapping workshop
14. Spinal injuries
15. Knee injuries
16. Shoulder injuries
17. Elbow & wrist injuries
18. Ankle injuries
19. Groin injuries
20. Biomechanics of common sporting injuries
21. Over training, fatigue & recovery
22. Sporting performance-Psychological principles

Eligibility - Bachelor of Physiotherapy

Course fee - Rs 2000/-