

International Conference on Sports Medicine & Sports Sciences

(SAICON 2017 Delhi)

Organized by Sports Authority of India

7-9 December 2017, JN Stadium, New Delhi

Pre Conference Courses (5-6 December 2017)

TEAM PHYSICIAN Course (5-6 December 2017)

Syllabus

1. Team Physician - duties & responsibilities
2. Doping –Prohibited list, TUE
3. Nutrition , hydration & food supplements
4. Travelling with teams &Team Physician kit bag
5. Age determination
6. Gender issues in sports
7. Medical cover for sports events
8. Sudden death
9. BLS/CPR Workshop
10. Principles of injury Prevention
11. Pre participation medical examination
12. Women in sports
13. Principles of rehabilitation
14. Overuse injuries
15. Head injuries
16. Spinal injuries
17. Knee injuries
18. Shoulder injuries
19. Elbow & wrist injuries
20. Ankle injuries
21. Groin injuries
22. Training injuries & on field injury management
23. Biomechanics of common sporting injuries
24. Over training, fatigue & recovery
25. Sporting performance-Psychological Principles

Eligibility – MBBS

Course fee- Rs 3000/-